



# IMPACT

*Brain Injury Canada Newsletter*



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## Hello & Happy Spring

The first three months of 2023 have been incredibly busy (and incredibly snowy)! Now that spring has arrived, we're ready to give you all the information about what we have been up to!

We're excited to share that we have a new team member, Matias! He is writing up a storm to help bring new resources to the brain injury community, including some new courses designed for caregivers. We are also partnering on a big petition for a national brain injury strategy, prepping for our annual conference, and planning out new resources for the rest of the year.

This newsletter is all about our latest updates and what you can look forward to in the future. So what are you waiting for? Go check it out!

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# The Brain Injury Canada Conference

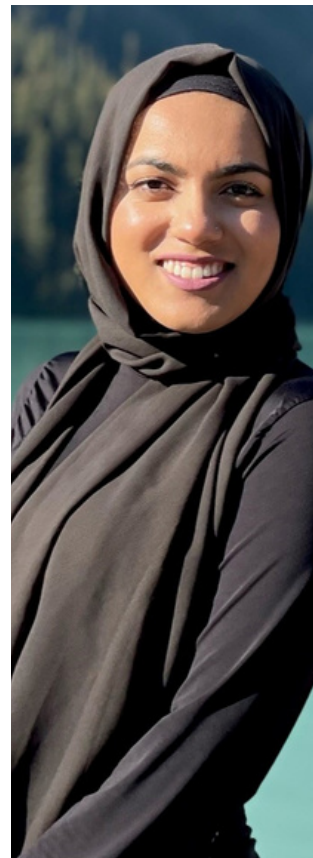
**Early bird sale extended until April 15**

The Brain Injury Canada Conference is happening May 17-18, 2023 on our virtual platform.

The Brain Injury Canada Conference is the only national conference for health care professionals and service providers that focuses on providing informative & engaging education about brain injury and its intersectionalities. This includes access to acclaimed experts, valuable resources, and exclusive networking opportunities with professionals from across the country.

This year's conference will have presentations on topics such as precarious housing, Indigenous health, gender & sexual diversity, intimate partner violence, addiction, and perspectives from those with lived experience.

**[Register for the conference - only \\$99](#)**





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# New courses for caregivers: coming soon



We're excited to announce that thanks to a grant from the Petro Canada CareMakers Foundation, we are launching 5 caregiver courses this year that will be available online free of charge for anyone who is interested in learning more about caregiving and brain injury.

These courses will start launching later this spring, and throughout the rest of the year. They will cover topics such as understanding the foundations of brain injury, compassion fatigue, and supporting individuals through challenging behaviours.

These courses will be available in both English and French, and we'll be sharing more details as they launch.

Our goal with these courses is to provide caregivers with free, accessible tools to support them and in turn help them support individuals with brain injury in their care.



Petro-Canada  
**CareMakers**  
Foundation™



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**proches aimants**  
Petro-Canada<sup>MC</sup>

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# Win one of three \$100 Amazon gift cards



## How do you use your mobile device?

Neil Squire is conducting a survey on mobile devices and accessibility – and they need your feedback! When you fill out this survey, you will automatically be entered to win one of three \$100 Amazon gift cards! Winners will be selected at random and notified when the survey closes. Only one entry per person.

### What's the best way to make mobile devices accessible for everyone?

There are many different mobile devices. These include smartphones, cellphones, tablets and other devices. People with disabilities may use certain features on mobile devices to do some tasks. Here are some examples.

- Pushing the power button on or off
- Making a phone call
- Entering a password
- Reading a text message or email
- Writing a text message or email
- Sending a text message or email
- Making a video call
- Taking a picture

But sometimes these features change from one model to the next one. The purpose of this survey is to find out what features of mobile devices help people with disabilities. We want to know how you want to do tasks on your mobile device. We want to know what features you rely on and expect. We want to know what features help your mobile device work for you.

### **Participate in the survey**

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# Add your name to the Bill C-277 petition



We, along with the CGB Centre for Traumatic Life Losses, the Cowichan Brain Injury Society, and the BC Brain Injury Association to develop a petition and letter writing campaign to support Bill C-277.

Bill C-277 is about developing a national strategy for brain injury in Canada. It is estimated that over 1.5 million Canadians are living with a brain injury – but that doesn't begin to cover concussions; military injuries; unreported cases; undiagnosed injuries from intimate partner violence, during homelessness, or while incarcerated or the caregivers. The real number is in the millions. In fact, we'd bet you know someone with a brain injury and/or concussion. Yet many people aren't aware just how prevalent brain injury is, or how deeply it can impact and be impacted by other intersectional issues. Brain injury leads to a multitude of complex effects that impact daily living, and systemic barriers such as a lack of access to supports and a lack of a unified strategy contribute to challenges.

We need your help to have this petition certified and presented to the House of Commons. The more names we have, the more we can show that this is what the brain injury community wants and needs.

**[Sign the petition](#)**

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# Find your brain injury association

You can find more information about your local brain injury association at [braininjurycanada.ca/brain-injury-associations](https://braininjurycanada.ca/brain-injury-associations)

## Alberta

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- Southern Alberta Brain Injury Society
- Brain Care Centre
- Association for the Rehabilitation of the Brain Injured

## British Columbia

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- British Columbia Brain Injury Association
- Braintrust Canada
- Fraser Valley Brain Injury Association
- Comox Valley Head Injury Association
- Cowichan Brain Injury Society
- Kamloops Brain Injury Association
- Nanaimo Brain Injury Association
- Northern Brain Injury Association of BC
- Powell River Brain Injury Association
- Prince George Brain Injured Group Society
- South Okanagan Similkameen Brain Injury Society
- West Kootenay Brain Injury Association
- Vancouver Brain Injury Association
- Victoria Brain Injury Association

## Manitoba

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- Manitoba Brain Injury Association

## Newfoundland & Labrador

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- Newfoundland & Labrador Brain Injury Association

## Nova Scotia

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- Brain Injury Association of Nova Scotia

## Ontario

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- Ontario Brain Injury Association
- Brain Injury Association of Quinte District
- Brain Injury Association of Fort Erie
- New Beginnings - Chatham-Kent
- Brain Injury Association of Durham Region
- Hamilton Brain Injury Association
- Brain Injury Association of London and Region
- Brain Injury Association of Niagara
- Brain Injury Association of the Ottawa Valley
- Brain Injury Association of Peel Halton
- Brain Injury Association of Peterborough Region
- Brain Injury Association of Sarnia Lambton
- Brain Injury Association of Sault Ste Marie
- Brain Injury Association of Thunder Bay & Area
- Brain Injury Association of Sudbury
- Brain Injury Association of Toronto
- Brain Injury Association of Waterloo/Wellington
- Brain Injury Association of Windsor Essex
- Brain Injury Association of York Region
- Seizure & Brain Injury Centre

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# Find your brain injury association

## Quebec

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- CONNEXION - Regroupement des Associations des Personnes TCC du Québec
- Association des personnes ACVA-TCC du Bas-Saint-Laurent
- Association des traumatisés crâniens de l'Abitibi-Témiscamingue
- Association des handicapés adultes Côte-Nord
- Association des accidentés cérébro-vasculaires et traumatisés crâniens de l'Estrie
- Association des TCC et ACV de la Gaspésie et des Îles-de-la-Madeleine
- Association des personnes handicapées physiques et sensorielles du secteur Joliette
- Centre d'aide personnes traumatisées crâniennes et handicapées physiques Laurentides
- Association des traumatisés cranio-cérébraux Mauricie-Centre-du-Québec
- Association des Traumatisés cranio-cérébraux de la Montérégie
- Association québécoise des traumatisés crâniens
- Association des neurotraumatisés - Outaouais
- Association des TCC des deux rives
- Association Renaissance des personnes traumatisées crâniennes du Saguenay/Lac-Saint-Jean

## Saskatchewan

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- Saskatchewan Brain Injury Association
- Lloydminster and Area Brain Injury Society

# Connect with resources you need

Brain Injury Canada Connect is designed to help people find the resources they need in their area - from rehabilitation to speech language therapy to home supports to advocacy.

Check back often as our directory continues to grow - new resources are being added regularly.

**[www.braininjurycanadaconnect.ca](http://www.braininjurycanadaconnect.ca)**



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## Stay in touch

Do you have a question, comment, or idea you want to share? Reach out to us at [info@braininjurycanada.ca](mailto:info@braininjurycanada.ca).

You can also follow along and interact with us on our social media platforms



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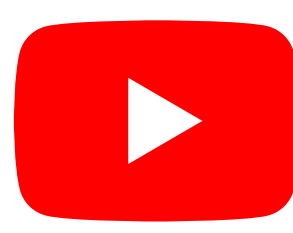
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