# Brain Injury

## Possible effects

Cognitive

* Memory loss
* Concentration issues
* Trouble processing thoughts
* Judgement problems
* Disorientation
* Executive dysfunction
* Fogginess

Physical

* Seizure
* Speech impairment
* Chronic pain
* Tinnitus
* Mobility issues
* Sensory sensitivity
* Sensory loss
* Fatigue

Emotional

* Mood swings
* Depression
* Anxiety
* Irritability
* Apathy
* Emotional lability
* Emotional dysregulation

Behavioural

* Anxiety
* Disinhibition
* Lack of initiative or motivation
* Anger/aggression
* Social inappropriateness

While many individuals recover from a BI with appropriate treatment & rehabilitation, recovery times can vary significantly. Some may experience rapid improvement, whereas others face long-term challenges. BI can also increase vulnerability to additional BIs, which may lead to more severe outcomes. It's essential to manage BI carefully and seek ongoing medical & rehabilitative support to mitigate risks & enhance recovery prospects for the individual.

For more info, visit braininjurycanada.ca